

Mason Mile

Recommendations

1. That the Ashford Health and Wellbeing Board (AHWB) notes the presentation made by Steve Mason on the Mason Mile.

Background

2. The Mason Mile Challenge is a totally free family event to demonstrate the benefits of exercise and a healthy diet. It is a fully inclusive event, for all ages and abilities, with allowances for ALL categories of disability. One was recently held in Ashford.

AUDIT TRAIL	
Lead Member	Cllr Brad Bradford, Chair of AHWB Cabinet Member, Community Safety and Wellbeing, Ashford Borough Council
Lead Officer	Angela d'Urso Community safety and wellbeing manager, Ashford Borough Council 01233 330 304 angela.durso@ashford.gov.uk
Background documents	None
Consultation with partners	No
Date report sent to Constitutional Team	5 November 2018